### Greater Milwaukee Central Office Welcoming Newcomers and Aiding AA Groups In Our Community.

### VOL. 30 ISSUE 8

AUGUST 2022

**Financial News:** Please remember our tradition of <u>self-</u> <u>support.</u> If you wish to contribute to the Central Office, you can now use <u>Venmo</u> from your smartphone. @MilwaukeeCentralOffice-AA

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### February 1972 Some Questions for the AA Pro

By: Tom G. | Remsen, New York

There is opportunity for service, and a possibility for disaster, in the expanding profession of helping alcoholics

IN THE TREATMENT professions in the field of alcoholism, the nonalcoholic professional and the alcoholic who has become a professional after recovering in AA are, more than ever before, meeting face to face in mutual employment situations in voluntary organizations, institutions, and social agencies.

Does the recovered AA professional, through his valid and proven experience in recovery, challenge the role of the nonalcoholic employee who has book-learned knowledge based on today's curricula in educational institutions?

Does the AA professional lose rapport, status, or a few notches of communication with his AA friends, pigeons, and contacts because he earns his living as a salaried staff worker whose job it is to help treat alcoholics?

Will the existing and future corps of nonalcoholic professionals accept the AA recovery program completely, or will they become disillusioned because some AA colleague is inad-(Professionals Continued on page 2)

### **Step Eight Freedom**

I was hesitant and puzzled when I began my Eight Step list because what about people whose feelings might be hurt or might harmed if I admitted all—my Step Four inventory had several of those. Luckily, my sponsor informed me that Step Eight is not Step Nine, and I should not leave these activities off my list. But obviously, this did not mean that I make these harmful amends while doing Step Nine. This information may be useful in asking God for forgiveness in a later step.

My Eighth Step information came mostly from my Step four inventory, but also my sponsor had me do a spontaneous writing earlier on. This included asking God over and Again to reveal where I had been selfish and dishonest—not just from regular memory, but from my deepest inner self. *Spontaneous!* This function brought to light many secrets I had kept from myself for many years. *They needed to be written down!* 

I had seldom even considered the anguish my wonderful Christian parents must have felt to see their son's name in the newspaper for public intoxication year after year. Or my younger sister who, four years later, attended the same high school with my devil may care reputation still remembered by the teachers. I had never felt guilty about that loan company I had never paid back or the time when I, as a teen, tried out a motorcycle from a used a lot and wrecked it. I was able to wobble it in and jumped on my bicycle and away I went.

There was a temptation to leave out certain of my misbehaviors because, after all, I had been sober for five whole months, and intended *never to drink whisky again!* I was obviously now in the category of what is called "living amends!" How my sponsor pointed out that the Big Book makes no mention of "living amends;" it actually dispels that idea at the bottom of page 82— "Ain't it grand the wind stopped blowin?"

I believe the honesty revealed in my Eighth Step list was a vital an crucial part of my recovery.

Bob S.

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### 25¢

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#### (Professionals Continued from page 1)

vertently overzealous about "the AA way"?

These and a myriad of other problems are now emerging and will continue to emerge as more alcoholics seek recovery through referral to the already fast-growing network of treatment centers, state rehabilitation units, social agencies, halfway houses, rescue missions, detoxification centers, and counseling clinics throughout the country.

Can both recovered-alcoholic professionals and nonalcoholic professionals work as a team, hand in hand, harmoniously, bearing in mind their common objective--helping the active, suffering alcoholic to recover?

Shouldn't the simple cliche "Keep an open mind" be most appropriate for alcoholism professionals of both types in the coming decades?

Within the past few months, the following situations have pointed up the problem:

At a panel-type symposium held by a local Council on Alcoholism, a deputy mental-health commissioner reported that a recent and successful area of alcoholism treatment instituted by his department was that of group therapy for alcoholics. A rather annoyed but patient AA member in the audience responded, "The program of AA, established some thirty-six years ago has successfully demonstrated the value of group therapy, which is the framework of an AA meeting"--thus implying that the field of mental health wasn't emerging with anything new!

An AA member stated at a meeting recently that he had been "successfully taking Antabuse and staying sober for eleven months with very few meetings," whereupon he was promptly chastised by several of the older members.

A new and still shaky member of AA reported that she was taking a certain tranquilizer prescribed by her doctor, and she was told by AA members at a meeting, "Stop taking the pills immediately!"

At another AA meeting, a member sober for several years was criticized for receiving therapy from a psychiatrist at a mentalhealth clinic. "AA is all the therapy you need," one member said.

Can all representative recovery areas in the growing field of alcoholism treatment work as a team? Is open-mindedness the best approach, or do we need further answers and more experience to reach a conclusion?

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#### August 1956

### How About a Group Inventory?

By: Anonymous | Scarsdale, New York

A GROUP is not an inanimate thing. You hear references made to "the spirit of this group." A group has personality, and so groups differ one from another as do individuals. Some groups do well, others do poorly. Some groups flourish for a while and then go into a decline. Some groups fail, close down, and cease to hold meetings. Why?

If an individual should take inventory even if he is doing well, why not the group? If things are not progressing satisfactorily, then an inventory is particularly in order.

How does a group take inventory? in much the same manner as an individual. It should probably be done at a closed meeting. The leader might have pencil and paper and some prepared questions. The group then, through its members present, should review its assets and liabilities--not just the financial items, though these, too, might be included. Emphasis should be given to the overall job being done, to an examination of how the group is executing its responsibility. This might best be accomplished by asking some questions. The following queries are not intended to be complete in coverage, but merely illustrative. They may suggest others more directly applicable to your group.

1. What is the basic purpose of the group? To keep its members sober? To welcome new members? To provide a social outlet? The Fifth Tradition says, "Each group has but one primary purpose. . .to carry its message to the alcoholic who still suffers." Is that somewhat surprising?

2. Just what is your group doing to carry the message? Does it take refuge completely in the Eleventh Tradition, which says, "Our public relations policy is based on attraction rather than promotion..."? Sure, it welcomes newcomers, but is that carrying the message, or is it reaping the harvest resulting from the prior sowing of others? Does the newcomer, in fact, practically have to beat down your door in order to get in? If he sneaks in, do you ignore him?

**3.** Your group has thirty-five members after five years of existence. "Very good," you think. Are you sure the number should not be 100? What is your "trading area" population? 60,000? Applying the national average, there should be 1,500 drunks in your area. Again applying the rough national average, fifty-five of the 1,500 should be in AA. But with your group's talent, members with available time, and other assets, perhaps your figure should be half again as large as the national average. Perhaps, then, you should have eighty-two, instead of the projected fifty-live or the thirty-five you actually have? Why don't you have more? Has your group done anything lately to bring the AA message to the attention of local editors, physicians, judges, teachers, and other public leaders who can be helpful in reaching those who need AA?

4. Are you getting a proper cross section of your community? Or just the low-bottoms? Or just the high-bottoms, who form a cozy, exclusive clique to which other types of alcoholics receive a frigid welcome? Do you get the proper percentage of men and women? Or mostly men? Or mostly women?

5. Do your members stick, or is turnover excessive? Do a lot of new prospects come in, but fall by the wayside quickly?

(Inventory Continued on page 3)

#### (Inventory Continued from page 2)

Are you complacently sure that part of this is not due to group methods? Does your group do a proper job in educating, encouraging, and assisting the spouse of the alcoholic?

6. How effective is your sponsorship system, and how much of a sense of sponsorship responsibility does your group have? What does it do about a prospect who comes in without a sponsor? Or one who comes for a while and then does not show up? How many times will you go after him? Twice? Ten times? Or do you say, "To hell with him" or "He knows where it is. If he wants it, let him come and get it"?

7. Has everything practical been done to provide an attractive meeting place where new people will be reasonably comfortable and to which older members will be glad to return? Or

are you satisfied with inadequate quarters on the rundown side? Are you paying reasonable rent, or are you taking advantage of sonic church, fraternal club, or other organization which in a sense is underwriting your sobriety? Did you ever figure out flow much cash your group could have gotten up in an evening in the days when all who are now its members were drinking and when the cash was going for liquor?

8. Has proper effort been made to explain to all members the need and

value of working in the kitchen and performing other housekeeping duties? Have they been told precisely how to do those jobs, or is the whole matter left to their initiative and imagination, even though they have little of either? What methods do you use to bring members more definitely into the group, to make them feel that they belong?

9. Is adequate opportunity given to all eligible members to speak before the home group and before other groups? Does anyone actually keep a checklist to see that no one is overlooked? How far back does that list go?

10. Do you pick officers with care and consideration on the basis that officership is a great responsibility and an opportunity for unusual Twelfth Step work? Or do you consider the whole thing a chore and a sort of joke, electing someone in open meeting who may not even be present? Do you elect someone because you think it might be good for him, forgetting that our common welfare should come first?

Have you given thought to the selection of a nominating committee whose job it would be to consider all eligible members, evaluate their stability, interest in the group, ability, available time, and other relevant factors? The nominating committee could then present the slate of candidates to the group for its consideration. While other names could be suggested at the election meeting, the group will usually support its committee. This method tends to eliminate the occasional nomination from the floor of the least likely member by an ill-advised or even confused buddy.

11. Does your group lend its fair share of support to your local intergroup, the Grapevine, and the General Service Office? These service organizations are doing a Twelfth Step job on an area, a national, and an international basis. No one group could carry out that responsibility. Could your group prepare and finance the publication of a Big Book? Or contact editors and movie producers to prevent the dissemination of errone-ous information that might be harmful to AA, and to supply correct information of value to the alcoholic who still suffers?

AA is easier to know about, today because of the work of our service organizations. AA is respected today, and it is therefore easier for some of us to join than it was years ago. My sobriety or your sobriety in the final analysis might depend on the overall national acceptance of AA. Any disgrace to AA on the na-

> tional level would have an effect in every local area, in every group. Do you ever give any thought to these broader concepts, or is your group thinking solely on a provincial, selfish level? If your group has a broad outlook, does it result in action, in generous help to your intergroup, the Grapevine, and the General Service Office?

12. Just what *has* your group done during the last six months to carry the message?

Most of these questions relate to the Fifth Tradition, carrying the message. Many others could be raised relative to a group's success in the light of other Traditions; common welfare, unity, group, conscience, money, outside interests, and anonymity all could be subjected to extensive inquiry.

In taking group inventory, the chairman, leader, or secretary might want to make some notes. The group might wish to take action as it went along. Ideas could be referred to committees and chores assigned to specific individuals for execution. A complete set of minutes might be prepared for reading at the next inventory meeting, say six months hence. The minutes might help the group to look back and see what improvements resulted from the inventory-taking.

We are fortunate that it was *the group* which developed into the primary instrument for channeling the AA message. AA did not necessarily have to develop in that manner. The founders might have chosen paid consultations, paid sanitarium incarceration, paid correspondence courses, or a dozen other methods of transmitting the message.

The fact that the informal, no-dues-or-fees group was created is the principal reason why AA has grown so rapidly.

It may be the reason why you and I are sober.

The group is a precious thing. Let's look after it.

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### Farewell, You Cheaters!

By: Don N. | Bronx, New York

THIRTY-EIGHT and heaving blood daily, stomach massacred by the Wino Kid--my damned ego. I need extra strength, I tell myself. Fast relief! Bleeding, I walk uptown, join AA, my wife at my side (though she's no juicer).

For the first time, I become responsible for my life. By surrendering it to a group of recovering addicts. Beautiful!

But not beautiful enough. I give great lip service to my new water hole, AA. After ninety days, I'm out speaking at meetings around Manhattan. I thump out the message: My ego is Don N., and I am an alky writer. The Wino Kid's joined law and order, riding a pink cloud of AA.

As deeply and as often as I repeat that First Step toward recovery. admitting that I am an alcoholic and that my life is unmanageable, I keep one reservation: Some day when my life *is* manageable, I'll master that bottle, move to Europe, enjoy civilized drinking. Some day, Don, there'll be wine in a basket every time I dine. High culture, refined foods, heavenly electric chilled wines. All the gifts of the gods when my book hits the charts. Beautiful.

Four years go by. No best seller, but a respected smash with the critics. Some magazine sales. A movie script being filmed. No Europe, no mountain Chablis on ice. Just standing at the side entrance of that gilded outhouse whose sweet stench promises endless comforts. But the work gets harder, more compulsive. I'm writing round the clock daily. Where's that sweet life I've been gunning for?

To keep my heart turning over and all my beautiful feelings fresh and quick, I turn to grass. My "spiritual" crutch. AA is not enough. I need extra strength, fast relief. Every night. Soon I'm spacing out on acid, take 200 trips, love my new pink cloud of

mescaline sunsets. But my golden crutch is grass. I treat my connection. Doc Sunshine, to Chinese banquets produced by my patient wife. Purple twilight on the hi-fi, starry midnights goofing on Louis, a grassland of beautiful feelings.

I refuse to let grass creep into my work, smoke only after five-just as I once drank only after five, until I began to drink earlier, and earlier. Then around the clock. My new novel nears its deadline. My zip fades. I smoke at four, two, noon. Smoke! Breakfast of Champions.

Anxiety hits like a coal-mine disaster. I can't dig out. I'm far from

daylight, wife, deadline, my ego swelling to fill every crack in the dark. *Slip*. Fill the icebox with electric booze.

But I'm years older, my tolerance worse than when I quit. Smash. The dt's hit like a basket of snakes-my first attack of these rum-dum horrors in my drinking life. I come out a certified alcoholic, selfacknowledged. Where's my crutch? I don't need grass, I need inner turf-builder. I need strength, belief.

Back to AA. My first meeting, I face the AA Grapevine with my story blurbed on the cover. My testimonial, written in dry smoke "sobriety," to the man whose example as a recovered alcoholic poet first opened my mind to AA. My hypocrisy runneth over. All these years of so-called sobriety, I've been dying on grass, beautiful feelings as addictive in their creeping grip on my spirit as the King Kong paw of juice.

Ten meetings a week, now quickly finding relief, strength, hope--then back to the book. My new motto: Sobriety Before Art. Farewell, Europe, you cheat; goodbye, grass, you whore for death. Rip out 200 pages of manuscript. Start editing in car-nest, heart alive with AA.

Beautiful feelings. More. A Mississippi of fresh spirit. Submission to the group. Trust.

My prayer: for an abiding desire not to drink. Message: Hit those meetings, you are not alone.

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### Bill W. As Bill Sees It -- the AA Way of Life

IN SOME SECTIONS of AA, anonymity is carried to the point of real absurdity. Members are on such a poor basis of communication that they don't even know each other's last names or where each lives. It's like the cell of an underground.

In other sections, we see exactly the reverse. It is difficult to restrain AAs from shouting too much before the whole public, by going on spectacular "lecture tours" to play the big shot.

However, I know that from these extremes we slowly pull ourselves onto a middle ground. Most lecture-giving members do not last too long, and the super-anonymous people are apt to come out of hiding respecting their AA friends, business associates, and the like. I think the long-time trend is toward the middle of the road--which is probably where we should be.

### Once Over Lightly

### Sense and nonsense on the road to recovery

COMMUNICATIONS DEPT.: The Belair Bowie Group, in Maryland, received an interesting letter a while back. It was from the mayor of Bowie, requesting all groups and organizations in the town to participate in an upcoming Fourth of July parade. The missive finished with a questionnaire, the last question of which was: "How many drum majorettes can we expect from your group and will you enter a band and/or a full float?"

The group took the matter under advisement.

Reprinted with permission AA Grapevine Inc. August 1972



### Sobriety Can Hurt Others, Too

By: L. D. S. | Colusa, California

### Sober is better, but

AS THE alcohol dried out of my fuddled mind, I began to reassume responsibilities I'd long abdicated. This threw a curve to the people who had become accustomed to doing things without considering poor, passed-out me. Over a period of time, I had forced them to cope in peculiar ways. They had grown warped by dealing with me and the problems I created.

When I came to AA, there were only two people left reasonably close in my life. (For me, this situation was involuntary.) They were my teenaged sons. As I became more sober and more sane, the problems in our relationship were much more disruptive than they had been.

Nearly four years later, my older son could recognize and admit that he'd terribly resented my sobering up. He hadn't wanted to change, hadn't seen why he should. He'd learned the rules of living with a drunk. He had been winning, or so it looked then.

I resented my sons' floundering as much as they did mine. But I developed the conviction that when an alcoholic sobers up, it can be harder on an Al-Anon or Alateen relative than it is on the alcoholic. Simply being sober, able to remember my own name and address, is for me a vast improvement. Without my doing another thing, I am better.

But my sons hadn't been artificially etherized, as I had been, and they didn't experience an immediate improvement. When I finally reached the point of working on myself emotionally, I had already convalesced quite a bit. Though I was still sick emotionally, I was much less ill physically and mentally. But my sons, who perhaps had been nearly as sick as I in our relationship, lacked this automatic way of getting better. They had been confused, hurt, and frustrated by my drinking behavior, and my complete reversal, slow and fumbling though it was, had the same impact. It upset every way they had learned of acting and reacting toward me. They couldn't cope any more. As I became aware of the struggle within them, I realized the difficulty people around us have when we get sober.

What I felt stayed on a mental level a long time. Then I became an Al-Anon myself. How does an alcoholic become an Al-Anon? Simple. Marry another AA member (or have a parent, sibling, friend, or child in AA, too) who decides to find "an easier, softer way" out of some responsibility. That "easier, softer" skid rapidly wrecks everything, including sobriety. Why? I don't begin to know. But the bottoms I haven't yet hit are still potentially there for me. I know this, because I saw it happening over a period of months--to someone else. It doesn't take much booze or time to go right back where we were emotionally before the miracle of AA.

I watched this happen, and in spite of being an AA myself, I made as many mistakes as any Al-Anon ever makes. I talked and I read,

and then I turned around and did just what I shouldn't! Maybe. I've heard that you can't make a bad Twelfth Step call on an alcoholic who really wants sobriety. If you really want the Al-Anon program, maybe you can't be a bad Al-Anon, either. I know I get some pretty hard-to-take lumps, but if I don't want to get drunk, I don't have to get drunk over them.

During the months I was failing as an Al-Anon, I learned one thing clear down to the core of me: There is nothing, and nobody, worth my taking a sniff from the cork for. Nothing that happens can be so disastrous, nobody I love can be so vital to me that I must drink over the situation or the person or my emotions concerning either.

My marriage ended with that one basic conviction, as big and staunch as a mountain of solid rock jutting into the ocean. Nothing grows on it; nothing lives there; the ocean batters it with each high tide and every storm. But that solid rock remains: *Nothing* is worth another drink.

Maybe I gained something during those painful months; if I'd had this feeling before, it hadn't been strong enough to be evident to me. What happened hurt. It hurt me. And it hurt him to go through so many kinds of obvious anguish, when neither I nor any other AA member nor doctors nor anyone else could reach him. I kept thinking, "Maybe he'll pull himself together. Most people do get better. His AA has brought him so far."

Another's self-willed disintegration is horrible to watch. But I came out knowing emotionally what before I had known only intellectually: Being an Al-Anon can be harder than being an alcoholic. I walked around for months as sick as if I'd been doing his drinking, and only gradually did I begin returning to some semblance of emotional health.

I have lots to learn from those long-suffering Al-Anon friends of ours. It takes a special kind of person to be one--clear out of her mind, maybe, but very special! And I like hearing them in meetings as much as I like hearing alcoholics, because the Al-Anon tells *my story*, too.

You see, another alcoholic can tell my story only as I see it from inside me. Perhaps the details vary; still, the basic feelings are identical. But an Al-Anon tells my story from the point of view of the people who have to tolerate me. I have to listen to what I did to those around me, how I hurt them. I am trying to become a responsible human being, and, as such, I have a grave responsibility no longer to hurt the people who must cope with me.

As an alcoholic, if I forget what I have done to myself, I may return to that hell; but one woman's individual hell is relatively unimportant, except to that one woman. However, if I forget what I have done to others, I may put *them* back into that hell, and today it is vital to me that I no longer do that. I want devoutly to keep my life as it is. So I listen, hard, when I hear Al-Anons speak. They tell what I was like as honestly as ever I tell myself. And this I dare not forget.

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### Fox Point Group 86: Reaching Out, Join Us on Zoom Monday Evenings.

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics *Anonymous*.

You will find a warm welcome to a lively and amiable group living one day at a time.

### https://zoom.us/j/8700953588

Meeting ID <u>8700 953 588</u> no password but waiting room. **By phone dial 312-626-6799** 

### DISTRICT 34 OPEN SPEAKER MEETING

New Location: Unity Lutheran Church Cross of Life Campus 20700 W. North Ave. Brookfield, WI. 53045

*In-Person Only* Doors open at 6:30 Meeting at 7:00pm

Consider supporting the "District 34" Open Meeting" in one of the following ways:

- Share your group message by sponsoring the Open Speaker Meeting
- · Contact your group GSR to volunteer
- Attend the District 34 meeting (1<sup>st</sup> Tuesday of each month, 6:30pm, NW Alano Club)
- Get in touch with the Open Meeting Co-Chairs, Michele S. (262-777-1291) or Tim R. (262-719-4389)

\*District 34 is the Northeast corner of Waukesha County

...our primary purpose is to carry the message..."

#### Hosting Group / Speakers

July 9th, 2022 Just Do It Group Steve S. (AA) Julie B. (Alanon)

August 13th, 2022 Group 125 Maria C. (AA)

September 10th, 2022 Monday Night Action TBD (AA)



### NEW MEETING - BEGINNING FEB. 18, 2022

AA BASICS



### Fridays 6:00 p.m.

### Come join us for our discussion meeting!

Our focus is on the basics of AA from the two primary books in Alcoholics Anonymous, **the AA Big Book and the Twelve Steps and Twelve Traditions**. All meeting topics are selected from these two books as they are the only books that contain the AA program in writing.

### Location: Midwest Detox 13850 W Capitol Drive Brookfield, WI 53005

Rear Entrance - Door Opens at 5:45 p.m.



TWELVE STEPS AND TWELVE TRADITIONS

## **DAYTIME DRY** 10:30 am friday mornings

a new closed step/topic aa meeting

at

### the galano club 7210 w greenfield ave

/210 w greenfield ave west allis, wi (lower level)

plenty of parking behind the building

For phone meeting: Dial 1 (978) 990-5195 and enter code 1919178#, For video meeting: Download FREE CONFERENCE CALL app. use Meeting ID galano7210 and code 1919178#.



The Galano Club is a 12-step recovery club that provides meeting space for AA and other 12-step meetings. The Club also provides a place to socialize and enjoy the fellowship of others in recovery. While our membership is made up of primarily lesbian, gay, bi-sexual

### 3 Bucks In The Basket... Make it a Reality, not just a dream!



"Every AA group ought to be fully self-supporting, declining outside contributions." Tradition Seven, Twelve Steps and Twelve Traditions, Reprinted with permission AA World Services, Inc. Seventh Tradition Checklist

Use <u>VENMO</u> on your smartphone to contribute.



Or Contribute using **<u>PayPal</u>** or your <u>**Credit Card**</u> from our website.

### MILW. CENTRAL OFFICE

• E-mail us at: <u>dan@aamilwaukee.com</u> Hours:

M - F 9 a.m. to 4:30 p.m. Sat. 9 a.m. - 12 p.m.

- Board of Directors Meeting, Meeting virtually via Zoom. Wednesday following 2<sup>nd</sup> Tuesday (odd months) 6:30 p.
- A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.
- Dist. 14 monthly meeting, 4th Wed. at 7 p.m.
- Dist. 16, 1st Wed. at 6 p.m.

#### Spanish Speaking Meetings:

#### Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- •GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- •GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

#### SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Offic

All the groups listed in our meeting directory, should be contributing regularly to the support of your <u>Central Office</u>. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution?

Use our <u>CONTRIBUTE</u> button on our website: <u>aamilwaukee.com</u> or use our your <u>VENMO</u> <u>app</u> from your smartphone.



Redemptorist Retreat Center, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: rrc@redemptoristretreat.org Please call for information and schedule of retreats for recovering people. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

### 2022 Weekend Retreats Jesuit Retreat House, 4800 Fahrnwald Rd. Oshkosh, WI 54901, call 800-962-7330

jesuitretreathouse.org

Men and Women in AA, Al-Anon Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

The <u>Southern Wisconsin Deaf</u> <u>Access Committee</u> needs to rotate it's members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: <u>milwareadeafaccess@</u> <u>gmail.com</u>

Southern Wisco	nsin Deaf Access
Committee	(SWDAC) 2022
Beginning Balance:	\$
Contributions:	\$
Interpreter:	\$
Misc. Expenses	\$
Ending Balance:	\$
The cost for an interpret	er is \$50 for a zoom
meeting and \$80 for an	in-person meeting. Cont

meeting and \$80 for an in-person meeting. Contact Kath W. with questions: <u>brylerandme@gmail.com</u> VENMO Contributions: <u>www.venmo.com/SWDAC</u>

### Meeting Space Currently Available

- •Luther Memorial Church, 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- •<u>St Peter's Episcopal Church</u>, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: <u>christumc1@sbcglobal.net</u>

•<u>Anchor Covenant Church</u> 1229 Park Row, Lake Geneva WI 53147, contact Laura, <u>office@anchorcovenant.org</u>

# DISTRICT MEETINGS

#### COMPLETE DISTRICT INFORMATION ON THE WEB: https://www.area75.org/page/districtmeetings

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPEALEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 7. KENOSHA, 17. RACINE CNTY; 8 & 30 ROCK; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S.

(Check the web address above for meeting info.)

**3. MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. even numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

**10.Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

**11. JEFFERSON CNTY:** Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,

**12. WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln,, Jackson, WI. 53037

**13. WAUKESHA CNTY:** 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

**25. FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

**27. MILWAUKEE CNTY:** 3rd Wednesday of month, 7:00 P.M. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222

**28. MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

**29. MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

**32. & 33 WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: <u>881 8331 2739, Passcode: 071956</u>

**34. WAUKESHA CNTY:** 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls. Join online at: <u>https://us02web.zoom.us/j/6870109941?</u> pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09

**36. RACINE/KENOSHA:** (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington

**38. MILWAUKEE CNTY:** Last Sunday of month 4:0 0 p.m. All Saint Cathedral, 818 E Juneau Ave.

#### SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

#### ADDRESSES FOR YOUR INFORMATION

<u>Milwaukee Central Office:</u> 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com

- <u>Area 75 Treasurer:</u> PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
   General Service Office: G.S.O, P O Box 459, Grand Central Station, New York,
- N.Y. 10163
- Area 75 <u>Corrections</u>, or <u>Bridging the Gap</u> or <u>Treatment</u> write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- <u>Southern Wisconsin Deaf Access Committee</u> : Email: <u>milwareadeafaccess@gmail.com</u>; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

# CORRECTIONAL INSTITUTIONS

In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; <u>corrections@area75.org</u>.

TAYCHEEDAH CORRECTIONAL, Gloria K. (920) 921-2395 for info.

OAK HILL AA GROUP, OAK HILL WCI 5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Contact Michelle at <u>corrections@area75.org</u> for times and information

WAUPUN CORRECTIONAL INSTITUTION AA Meeting Contact Michelle at <u>corrections@area75.org</u> for times and information

Milwaukee Women's Correctional Ctr. 615 W Keefe Ave. Milwaukee. Contact Michelle at <u>corrections@area75.org</u> for times and information

FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933 Contact Michelle at corrections@area75.org for times and information

RACINE CORRECTIONAL INSTITUTION for MEN Mtngs: Contact Michelle at corrections@area75.org for times and information

FEDERAL CORRECTIONAL INSTITUTION, P.O. Box 1085 Oxford, No Meeting!

FEDERAL CORRECTIONAL Satellite Camp, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

THOMPSON FARM, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764 5755

ROBERT ELLSWORTH CORRECTIONAL, 21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237 1294 or Cheryl P. (262) 914 3970.

KETTLE MORAINE CORR., Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI.

MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI.

MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Milwaukee

JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI, MTNg. held on Mon. at 7:00 p.m., Contact: Scott N. 920 397 0170

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON at 1:00 p.m. on the 3rd Sunday on odd numbered months, at Greater Milwaukee Central Office, 7429 W Greenfield Ave, West Allis WI 53214. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Kota at email: mccccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

### Area 75, Southern WI, Calendar of Events 2022

All meeting held virtually until further notice

- Zoom Meeting Contact Area Chair: Veronica O. vodonnell52@gmail.com
- Sun Sep 11th 9:00 A.M. Pre Conference Assembly
- Fri Nov 4 6 2022 Area 75 Conference

Sunday AA

Monday AA

Tuesday AA

Wednesday AA

Thursday AA

Friday AA

11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE . 8:00 a. Topic 11:00 a. Topic Sun. 5:00 p. Young People 7:30 p. Topic Mon.12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp Tue. 10:00 a. Topic 5:30 p. Big Book 7:00 p. Beginners Gp 8:00 p. Big Book Gp Wed.10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting 10:00 a. Topic Meeting Fri. 5:30 p. Step/Tradition 8:00 p. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit Sat 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)

NEW DAY CLUB

AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships

**NORTHWEST ALANO CLUB\*** N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone)

#### A.A. MEETING SCHEDULE

- (V)=Virtual, (IP)=In-person, (V & IP)=Both Sun. 10:00 a. Big Book Rm 204/205 7:00 p. Sun Night Gp Rm 205
- 7:00 p. Just Do It Gp Mon
- 10:00 a. Step Tue. 8:00 p. Topic
- Wed 7:00 p. Step/Topic
- 10:00 a. Step Thr. 6:00 p. Women's
- Fri. 8:00 p. Step/Topic (V & IP)
- 10:00 a. Sat Serenity Gp Sat. 11:15 a. Code 3 Mtng. 7:00 p. Simply Sober Gp

#### AL-ANON MEETINGS

- Wed. 7:00 p. Al-Anon 7:30 p. Al-Anon Fri.
- \*This Club is a Smoke-Free environment We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail
  - Saturdav AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp 6:30 p. Delavan Beginners Gp.

#### PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923

	A.A. MEETING SCHEDULE
Sun.	8:00 a. Sun. Wake Up
	9:30 a. Reliance Meeting
	11:00 a. Today' choice
	3:00 p. Gratitude Plus
	7:00 p. Big Book Readers
Mon	7:30 a. Jump Start
	10:30 a. First Step
	4:00 p. Happy Hour Step Gp.
	7:00 p. Open IntroductoryAA
Tue.	7:30 a. Comin'Back Gp
	10:30 a. Keep It Simple
	4:00 p. Drop the Rock
	6:00 p. Key To Sobriety Womer
	7:30 p.Three Legacies
	7:30 p. Double Trouble DD/O
Wed.	7:30 a. Big Book Study
	10:30 a. Pass It On
	4:00 p. Happy Hr Promises
	6:15 p. Courage to Change
	7:00 p. We, Us & Ours
Thr.	7:30 a. Welcome Back Gp
	10:30 a. Made Decision
	5:15 p. As Bill Sees It
<b>-</b> ·	7:00 p. Gateway Topic Gp
Fri.	7:30 a. Honesty Gp.
	10:30 a. Came To Believe
	6:00 p. Women's Fri. Kickoff
	6:30 p. Thoughts 4 Today
Sat.	8:00 p. Broken Arrow
Sat.	8:30 a. Early Bird
	10:30 a. Happy Joyous Free 7:00 p. Viajeros Wisconsin lower level
	8:00 p. 5 Conceptos upstairs
	8:00 p. Back to Basics 12x12

WALWORTH

COUNTY ALANO CLUB

611 Walworth St.

(Hwy. 50 & 11)

Delavan, WI 53115,

(262) 740-1888

10:00 a. Primitive Group

12:00 p. Open Speakers

7:30 a. Sunny Side Up

7:30 a. Sunny Side Up

7:30 a. Sunny Side Up

12:00 p. As Bill Sees It Gp

7:30 a. Sunny Side Up

7:30 a. Sunny Side Up

12:00 p. Big Book Study

6:30 p. Delavan Discussion

12:00 p. Delavan Noon Gp

6:30 p. Delavan Big Book Gp.

6:30 p. Delavan IT Meeting

6:30 p. Delavan Meeting

12:00 p. Delavan Noon Gp.

6:30 p. Delavan Discussion

12:00 p. Delavan Step Meeting

6:30 p. Delavan 12 Step Topic

		A.A. MEETING SCHEDULE
	Sun.	8:00 a. Early Bird
		9:30 a. Literature Meeting
		11:00 a. Friendship Gp
		6:00 p. Big Book
		8:00 p. Gopher Sunday
	Mon.	9:00 a. Positive Attitude
		6:30 p. Otter Gp
		8:00 p. Step/Tradition Stud
	Tue.	1:00 p.
		4:00 p.
		7:00 p. Life House Beginne
n's	Wed.	8:00 a.
		10:00 a. Back To Basics
		2:00 p. Women's Meeting
		6:00 p.
		8:00 p.
	Thr.	10:00 a.
		4:00 p.
		5:00 p. Woman's Way 12 S
		8:00 p. Grapevine Mtng
	Fri.	12:30 p.
		4:00 p.
		8:00 p. Old School House
	Sat.	8:30 a. 11th Step
		10:00 a. Big Book
		AA/Al-Anon
		ER MEETING
	Sat.	7:00 p. 2 <sup>nd</sup> & 4 <sup>th</sup> Saturdays
	(AA an	d/or Al-Anon Speakers)
	ΔΙ-ΔΝ	ON MEETINGS
el		7:00 n Al Anon

#### LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912

A.A. MEETINGS (V)=Virtual, (IP)=In-person, (V & IP)=Both 9:30 a. Sun Morn Sunlight (IP) Sun. 11:00 a. Sun Go-To-Mtng (V & IP) Zoom: 868 6375 8565, PW: 135314 07:00 p. Big Book (IP) Mon. 12:00 p. (IP) on Study 6:00 p. Beginners AA (V & IP) Zoom: 818 7287 8662, PW: 740572 7:00 p. (12 & 12) (IP) Tue. 6:00 a. Open Your Eyes... (IP) 12.00 p. Tuesday Nooners (V) Zoom: 847 2556 1155, PW: 163037 Wed. 12:00 p. Wauk Wed Nooners (IP) 5:30 p. Topic Gp (V & IP) Zoom: 818 9650 5286, PW: 677391 Thr. 12:00 p. Nooners (IP) Fri. 12:00 p. T.G.I.F. Gp (V & IP) Zoom: 839 0454 9230 PW: 830354 Sat. 06:00 a. Early Morning (IP) 10:00 a. Gp 124 (V & IP) Zoom: Contact Sher at 630-432-3585 for

access.

GALANO CLUB WAUKESHA ALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave, Suite 1, Lower Level 318 W. Broadv Waukesha, WI, 262-549-6541

### Milwaukee, WI 53214,414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com (V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Metrings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#

Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon -Papillion Group. (In-person)

Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)

Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)

Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

Friday: (V & IP) 10:30 a.m. AA Step & Topic

Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In-person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.

#### H.O.W. TO CLUB 8930 W. National Ave West Allis, (414) 543-2448 http://howtoclub.info/

OPEN MEETINGS, DANCES & EVENTS

Call for information

M, W, F, Sat. 9 a. -11 p, Tue Thr 9a. - 9p., Sun 8a to 9p.

- 8:00 a. Eye Opener AA Gp 10:00 a. Grass Roots (Steps)
- 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity
- 8:00 p. Sun. Sober & Serene
- Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp
  - 7:00 p. Big Book Gp. 8:00 p. New Hope Gp
- Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp
- 8:00 p. New Hope Meeting Wed, 10:00 a. Foundations Meeting
- 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group
- Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now
- 8:00 p. How To Get It Going 11:00 a. Priority Group Fri. 6:00 p. Big Book Friday
- 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises Sat 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth

  - 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday

#### 24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info

### A.A. MEETING SCHEDULE

- Sun. 8:00 a. Topic 10:00 a. Step/Topic 5:00 p. Step
- 6:30 a. Topic Mon 10:00 a. Topic 8:00 p. Men's
- 6:30 a. Topic Tue. 10:00 a. Step/1 5:30 p. Big Book
- Wed. 6:30 a. Topic 10:00 a. Big Book
- Thr 6:30 a. Topic 10.00 -5:30 p. Step/Topic/Trad 8:00 p. Men's 12 & 12
- 6:30 a. Topic Fri 10:00 a. Step/12 & 12 8:00 p. Step
- 6:30 a. Topic Sat 8:30 a. 10:00 a. Big Book 8:00 p. Open Speaker Mtng.
  - (1<sup>st</sup> Saturday Only)

### In Person AA Groups Need Your Support

- Sun. 7 p.m. Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- Mon. 7 p.m. Unity Gp, 4600 Pilgrim Rd, Brookfield
- Tues. 7 p.m. Gp 43, Friendship Club, 2245 W Fond du • Lac Ave Milwaukee WI.
- Wed. 11am. Gp 10-17, St Veronica's 353 E Norwich, Milw. 53207
- Wed. 8:00 p.m. Helping Hand (No Masks Required), Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI 53213
- Thur. 12:15 p.m. Jeanette Burnett Gp, St John's Cathe-

dral Complex, 831 N Van Buren, Milwaukee WI 53202

- Thurs. 8:00 p.m. Grateful Gp. St Mark's Episcopal Church, 2618 N Hackett Ave. Milwaukee 53211
- Thurs. 8:30 p.m. Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- Fri. at 7 p.m. First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- Fri. 9:30 p.m. Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- Sat. 8 p.m. Gp 18, St Luke's, 3200 S Herman, Bay View
- Sat. 7 p.m. 12 Step Club 4102 W Townsend St. Milw. WI 53216

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A.A. MEETING SCHEDULE

- rdays s)

Sun.

Thr.

Sat.

Mon. 7:00 p. Al-Anon Tue 9.00 a Al-Anon Wed. 7:00 p. Al-Anon & Alateen

ALANO CLUB

1521 N. Prospect Ave.

Milwaukee, WI, 53202 (414) 278-9102

http://www.mkealanoclub.org/

A.A. MEETING SCHEDULE

7:00 a. AA Meeting

10:00 a. Gp 17 Step

10:30 a. Gp 72 Topic

12:15 p. Big Book Meeting 6:30 p. Gp 40 Big Book

7:30 p. We Agnostics

7:00 a. As Bill Sees It,

7:00 p. Beginner's Meeting

12:15 p. Oasis Topic Gp 6:00 p. Chicks at Six Gp, women,

7:00 p. AA (LGBT) All Welcome

12:15 am. Second Shifters (Sat.)

7:30 p. Open AA Speaker Mtng

AL-ANON MEETING

Child Care available

10:30 a. Gp 70 Step

10:30 a. Gp 9. Step

7:30 p. We Agnostics

12:15 p. Here & Now Gp

7:00 a. Daily Reflections 10:30 a. Gp 21, Step

6:30 p. Here & Now

7:00 a. AA Meeting

11:00 a. Gp 87 Step

10:30 a. Gp 97. Step

12:15 p. Gp 65

Sunday 10:00 a. Al-Anon

7:00 a. Big Book Meeting

12:15 p. Gp 76

Wed. 7:00 a. AA

Mon. 7:00 a. Early Morning



UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com

AA MEETING SCHEDULE Sun. 10:30 a.\* Gratitude Gp. 8:00 p. Candlelight Gp.

- Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's
- Tue. 10:00 a. Tuesday A.M. 7:30 p. Beginner's 8:00 p. Step Gp
- Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-
- person & Zoom: 332602852, pw: 123456
- 8:15 p. Step Gp Thr. 10:00 a. Big Book
- 7:00 p. EZ Dozen12x12
- Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book
- Sat. 10:00 a. Here & Now 6:00 p. Big Book Connection

AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon

Open Mtng. 3rd Sunday of month

FRIENDSHIP CLUB
2245 W. Fond du Lac Ave
Milwaukee, WI
(414) 931-7033
Email:

### friendshipinc@sbcglobal.net

AA MEETING SCHEDULE Wed

day 10:00 a. Friendship <del>11:00 a. Third Sunday</del>

Open Meeting Monday 10:30 a. Step Gp

Sunday

Tuesday 7:00 p. Gp 43 Big Book Saturday 10:30 a. Gp 112 Step

Call for information

on other types of meetings.

Email: friendshipinc@sbcglobal.net

#### **12 STEP CLUB**

4102 W Townsend St. Milwaukee, WI 53216 (414) 871-0610

#### A.A. MEETING SCHEDULE

Wednesday: 7:00 p. More About Alcoholism, Big Book Study

Thursday: 10:30 a. Group 56

Friday: 11:00 a. Gp. 61(12x12)

Saturday: 10:00 a. Beginner's

7:00 p. 12 Steps Gp

Call the club for information on Open Speaker AA meetings, meetings for other fellowships and for special events.

MILWAUKEE GROUP 933 E Center St, Milw WI 53212. A.A. MEETINGS			
Sun.	10:00 a In-person 8:30 p. In-Person		
Mon.	5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person		
Tue.	7:00 p. In-Person 8:30 p. In-Person		
Wed. https://zoom.	5:30 p. Zoom us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person		
Thur.	7:00 p. In-Person 8:30 p. In-Person		
Fri.	7:00 p. In-Person 8:30 p. In-Person		
Sat.	8:30 p. In-Person		

Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119 A.A. MEETINGS Sun. 9:00 a. Gp 10 Sunday Mon. 12:15 p. 12:15 p. Tue. Wed. 12:15 p. Thur. 12:15 p. Fri. 12:15 p. 9:15 a. 1st Step Sat. 10:30 a. We do not meet on major holidays.

#### LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI AA MEETINGS

Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room Monday 7:30 p. Laughs/Leisure Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA" Thursday 7:00 p. Women's AA 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59 7:00 p. Great Room

#### All Saint's Cathedral 818 E Juneau Ave. Milw 53202

518 E Julieau Ave. Willw 55202

Sun: 7:00 p.m. Bench Meeting
Mon: 7:30 p.m. #08 Sane & Sober
Tue: 10:30 a.m. Men's Gp.
Wed: 7:30 p.m. Men's Gp.
Fri: 7:30 p.m. Big Book Gp.
Sat: 10:30 a.m. Men's Gp.

### JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Memo: Birthday O 7429 W Greenfield West Allis WI 532	Ave		
		using <u>VENMO</u> o	
	ebsite, using <u>C</u> i Iclosed.	r <u>edit Card</u> or <u>Pay</u>	<u>/Pal.</u>
•en	ciosea.		
l will have <u>y</u> e	ars on/	Ι.	
Name			~
Address			
City	State	Zip	
Phone: ( )	-54		
Email:			



## Come Join Our Tuesday Nite Impaired Professional AA Meeting

Tuesday nights at 7:30 Holy Trinity Lutheran Church 11709 W. Cleveland Ave., Milwaukee

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150. Hope to see you there!!



Serenity Group "The Barn"

Thursdays 7:00-8:00pm

St. Alban 's Church W239 N6440 Maple Ave Sussex, WI. 53089

Come join us...

New location, same great format and fellowship

\*\*February 3rd - new meeting start date\*\*



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### DISTRICT 29 ROUND ROBIN OPEN MEETING \*\*IN PERSON ONLY\*\*

### SUNDAY August 14, 2022

Speakers - 7:00 PM Fellowship - 6:30 PM

HOSTED BY: Step and Topic AA SPEAKERS: Kim H and Maureen L

Join us for a great message and fellowship

**\*\* NEW LOCATION \*\* HOLY TRINITY LUTHERAN CHURCH** 11709 W CLEVELAND AVENUE WEST ALLIS WI 53227

In Person Only





QUESTIONS/VOLUNTEER: Mary T: mstoth167@gmail.com or Sara M: saram.inc@yahoo.com

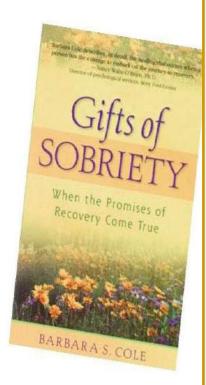
# Gifts of Sobriety

# When the Promises of Recovery Come True

"Why try?" we sometimes ask ourselves when faced with the uncertainties and hard work of recovery. But the answers are all around us, in the rich and spirited lives of those who have made the journey before us, each one a member of the joyful possibilities that await. These possibilities come alive in *Gifts of Sobriety*, a book that gives immediate meaning to the Big Book's promise: "We are going to know a new freedom and a new happiness."

Published 2000 The 12 Promises described Chapter by Chapter

\$15.95 Available at Milwaukee Central Office

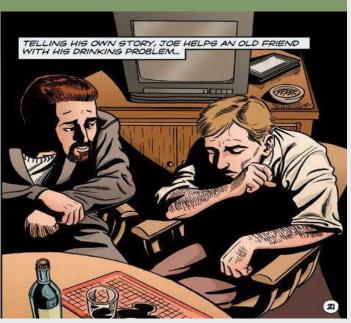




It Happened to Joe, Page 21

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### A New Meditation Book Dedicated to Service Members and Veterans

Service members and veterans who are in recovery share their words of healing and hope in daily meditations. These people are in a class of their own—they know what they experienced, they know how their recovery has been affected by their service, they know how to help themselves and they know how to help each other.



JANUARY 4 •

#### Behind Me

Weed. Booze. Beer. All of that. I used all of it. Then I came home and they gave me legal drugs. I don't feel at all. Or I feel high. Anything to not think. I don't want to think. Anything to stop my ears from ringing. To relax. To not have to talk to my family. To not have to talk to my buddy's wife. My buddy's gone. I can't look at her.

I don't think I've got PTSD, I think I was just having a tough time. A rough patch. A *really* rough patch.

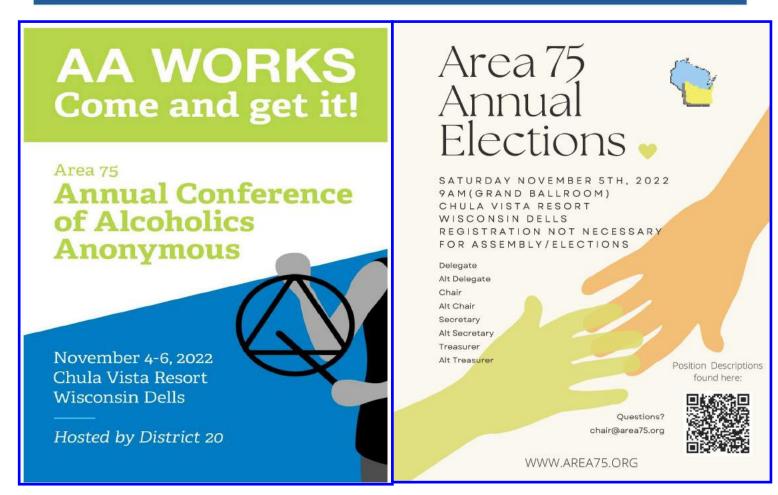
I was there. Behind. I had been left. I left myself.

I have to want to not be back there. Every day, I have to not want to leave myself behind. I have to suit up and show up. I have to catch up and stay caught up. I have to ask for help. I have to help others. I have to show them how it's done. Because, if I don't, I'll leave myself behind again. It's on me. It's all up to me.

And I'll do it. Because I'm a warrior.

Today, I'll suit up and show up for everything in front of me. I'm not going to leave myself behind again.

Josh O., U.S. Army, 2012-2018





#### 2022 AA Illinois State and **East Central Regional Conference**

**Use Code "Northern Illinois AA"** 



### **"MORE WILL BE REVEALED"**

http://aa-nia.org/state

Hosted by Illinois Area 20, District 10 and District 42 **Registration hours:** 2-9 p.m. on Friday and 7:30 a.m.-6:30 p.m. on Saturday

#### AA SPEAKERS:

- Mike M., Cedar Rapids, IA
- Ericka M., Cedar Rapids, IA
- · Chris K., Chicago, IL

AL-ANON SPEAKER: Liz P., Chicago

**GSO Staff Member: Sandra W., Director of Staff Services** 

East Central Regional Trustee: Cathi C., Indianapolis, IN

- Hourly Alcathon & Al-Anonathon meetings
- AA Panel members from East Central Region
- Friday night: Ice Cream Social/Young-at-Heart Dance
- Saturday night: Banquet & Dance
- · Hospitality Room, Literature, Grapevine, Archives
- ASL Interpreters and Traductor de Español

To volunteer or for more information: aaisc2022@gmail.com or call Charles H. 331-202-8876 | Michael L. 847-571-5002



### Friday Night Couples in Recovery

We invite you to attend our **30th Anniversary Open Meeting** Friday, September 9th, 2022

A meeting where we explore our own recovery and how it relates to our relationships.

Fellowship 7:00 to 7:30 pm



### Introduction and Speakers: 7:30 to 8:30 pm

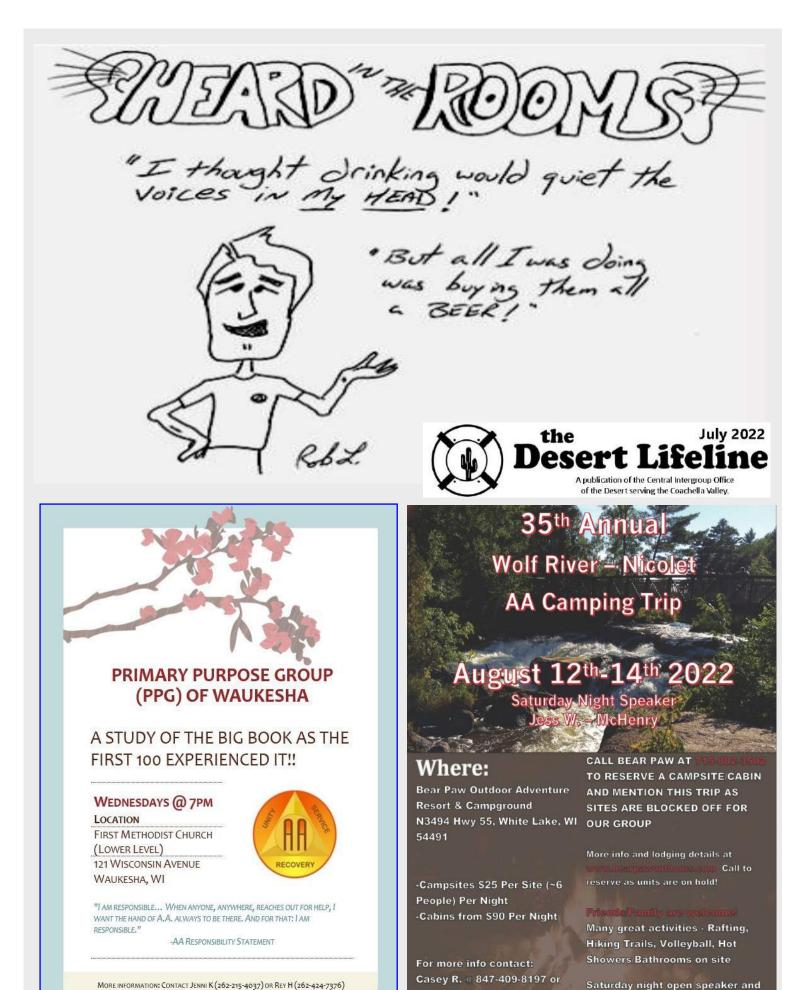
Speakers: Ruth H. and John H. of Slinger, WI



St. Pius Church 2520 N. Wauwatosa Ave. (76th St.) Just north of North Ave. (Enter the building on Wauwatosa Ave. Turn Left & Up the Stairs) You are welcome to bring a snack to share.



Next meeting 10-01-2022 See you at the District 12 Picnic 9-17-2022



More information: Contact Jenni K (262-215-4037) or Rey H (262-424-7376)

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Noah W. @ 317-361-0384

bonfire!

# 42nd

# Green Lake Round-Up

42nd

	August 19, 20, 21 <sup>st</sup> , 2022				
Green Lake Conference Center – www.glcc.org					
W2511 State Road 23 Green Lake, WI 54941					
Open AA Meetings					
Friday 8 PM Scott S., PA Saturday 8 PM Tina A., CA		KATHONS			
Sunday 10 AM Pete K., WI	Philippury Robley Roc	bury Robley Room: Fri 10 PM – Sat 9 AM Sat 10 PM – Sun 9 AM			
Sunday 10 An Fele K., W	Sat 10 AM, Famous				
Open Al-Anon Meeting	Sat 10 AM, Famous "Meeting in the Field" (field between the tennis courts and play area) Dpen Al-Anon Meeting Closed Al-Anon Meeting				
Saturday 6 PM Angie M., WI					
Bring the whole family! There's something for everyone!!					
(Camp	ing, biking, swimming, b	oating, hiking, golf, volley	oall, fishing, fellowship)		
	Satur	day Special Activitie	5		
"Amy S." 5K Fur	n Run/Walk	1	/olleyball Games-All day Saturday		
Saturday 7:45 AM, ra	ce starts at 8 AM		At the sand courts		
Register at Pill	sbury Hall		Show up and ask to play!		
	Event De -lete	ation 615 00			
	100 C	ation: \$15.00 p	•		
		please reach out to Dianna tradition to carry our AA m	essage (less conference expenses).		
		ire separate from the event			
Pre-Registration:		Event Contac	ts:		
Make checks payable to:			Dianna G. (414) 943-3342		
"Green Lake Round-Up"			Scott M. (414) 444-8713		
		gr	eenlakeroundupwi@gmail.com		
Mail payment and registratio	on form to:	5	Event sponsored by:		
Green Lake Round-Up		"Monday	"Monday Night Action Group"- Mondays 7:30 PM		
P.O. Box 684		Holy Cross Lutheran Church			
Menomonee Falls, WI 53051		W/156N8131			
Menomonee Falls, WI 53051W156N8131 Pilgrim Rd Menomonee Falls, WI 53051					
	- 				
On-site registration	n Friday 3	PM to 5 PM	Country Store		
		PM to 5 PM	Country Store Pillsbury Hall		
On-site registration On-site registration Friday & Sa	aturday 6	PM to 8 PM			
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Milwaukee Central Offic Fall Fling 2022	Q
OPEN MEETING	
to be held at: Milwaukee Elk's Lodge #46 5555 W Good Hope Rd	and the
5555 W Good Hope Rd Milwaukee WI 53223 Saturday October 29, 2022	1
Hospitality: 5:30 p.m. Buffet Dinner: 6:00 p	.ന്നം
AA Speaker: T.B.A. 7:30 p.m.	R
Tickets (tables of 8) on sale August 1st.	-
BUFFET DINNER	-

Tickets by mail, \$35.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: gmco@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number	Expiration Date /		
Name		_ Phone	CVC#
Address			Zip Code
E-mail Address:			
Number of tickets	X \$35.00= \$		All seating is assigned. If
Tax deductible dona	tion to		you want to sit with your
Greater Milwaukee C	Central Office+ \$_	3	friende, kunnen tiekete

Check or Credit Card Total.....= \$\_

Cut-off date for tickets Monday October 24, 2022

friends, buy your tickets together.